

## Agenda

8:30—9:00 am      **Registration**  
9:00-12:00 pm      Seminar:

**“Acceptance And Commitment Therapy”**

12:00-1:00 pm    **Lunch (Provided)**  
Lunch Seminar

**“The Emerging Recovery Community ”**

1:00– 4:00 “pm      Seminar:

**“Heroin trends and the importance of treatment“**  
7 CEUs applied for from IAODAPCA, Inc.

How to Get to Here

From the east (via Rt.7 Theodore St/

or Rt. 6 159th to Rt. 30 Plainfield Rd)

From the west (via Rt. 59 to Rt. 30 Plainfield Rd.)

From the south (via Rt. 80 to Rt. 7 Larkin/

Theodore St to RT 30 Plainfield Rd.)

From the north. (via Rt. 55 to Weber Rd. to  
Rt. 30 Plainfield R.)



### About Us

**The Southwest Coalition for Substance Abuse Issues** is an organization of treatment and prevention providers serving the counties of Cook, DuPage, Grundy, Kane, Kankakee, Kendall, Will and Winnebago. Through collaboration and education programming, the Southwest Coalition stays abreast of current issues within the substance abuse field in order to maintain quality services and to advocate for sound public policy among local, state and national policy makers.

**Southwest Coalition Spring Conf.  
1419 Glenwood Ave.  
Joliet, IL 60435**

**Save the date!**  
**Southwest Coalition Annual  
Spring Conference  
Stepping Stones Conference Center  
1620 Plainfield Rd.  
Joliet, IL 60435**  
**May 7, 2010 from 8:30 am - 4:00 pm**

## Southwest Coalition for Substance Abuse Issues

### Registration

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Certification #: \_\_\_\_\_

Pay by check or money order.  
Make payable to SW Coalition.

**\$65.00 pre-paid or \$75.00 at the door**

### Conference Extras

Reserved for pre-registered  
guests only:

- ◆ Continental breakfast
- ◆ Afternoon beverage
- ◆ Lunch

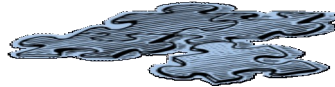
### Mail registration to:

**James Russell c/o SWC  
1419 Glenwood Ave.  
Joliet, IL 60435**

*For more information, please contact James  
Russell (815) 641-1533*

## Coalition Spring Conference Friday, May 7, 2010

### Theme: Current Practices In Prevention, Treatment & Recovery



### Stepping Stones Conference 1620 Plainfield Rd. Joliet, IL 60435

#### Workshop Description:

**Workshop 1** is based on *ACT in Practice: Case Conceptualization in Acceptance and Commitment Therapy* (Bach & Moran, 2008). This workshop will provide a step-by-step framework for functionally conceptualizing client behavior problems, and will discuss application of specific ACT interventions.

Attendees will become familiar with the six core ACT principles of defusion, self-as-context, acceptance, values, committed action, and contacting the present moment, and will become able to conceptualize clinically relevant behaviors as functional response classes & discriminate when they are amenable to an ACT approach.

**Workshop 2** This presentation will include information about The Emerging Recovery Community impacting Illinois and other States. Illinois' emerging Recovery Oriented System of Care will be highlighted. A brief history will be discussed as well as an overview of what is happening in other States that Illinois might learn from. There will be opportunity for audience participation leading toward learning ways that individuals and organizations can help more people recover from addiction to alcohol and other drugs.

**Workshop 3** This presentation will address how to educate youth of potential hazards without accidentally "encouraging" use by creating intrigue. A connection will be drawn between prescription medication and heroin while demystifying some stigmas and myths about heroin use.

#### (workshop 3 continued)

This presentation will address treatment approaches for Heroin. It will discuss the importance of treatment, trends in treatment and the barriers to engaging patients. It will also outline the Rosecrance MARC program and the use of Suboxone with Heroin users. It will discuss how Suboxone works, dangers of it, as well as how it enhances treatment.

### Our Presenters

#### **Daniel J. Moran, Ph.D., BCBA,**

D.J. Moran is the director of the Family Counseling Center and founder of the MidAmerican Psychological Institute in Joliet, IL. He started his ACT training in 1995, co-authored a book entitled *ACT in Practice: Case Conceptualization in Acceptance and Commitment Therapy* with Patty Bach on New Harbinger, and provides training workshops in Relational Frame Theory and ACT case conceptualization. He currently serves on the ACT Training committee, created the Functionally Speaking podcast, and is the member-at-large for the Association for Contextual Behavioral Sciences. He has published articles and book chapters on clinical behavior analysis and regularly presents workshops and trainings on ACT and RFT.

#### **Donald E. Malec, MS, CAADC,**

Donald E. Malec has served as Executive Director of two not-for-profit corporations; the Il. Association of Extended Care, Inc., & The National Council on Alcoholism & Drug Addiction of IL. He also serves as an Adjunct Professor for Aurora University, teaching Drugs Human Behavior in the School of Social Work's addiction program. Today Mr. Malec maintains IAODAPCA certification as a Certified Advanced AODA Counselor (CAADC).

#### **Pat Spangler MS, CADC, MAATP,**

Pat Spangler has worked in the substance abuse field for 14 years with both adolescent and adult clients. He helped create programs involving adolescents returning from the Department of Corrections into the community and, most recently, the Medically Assisted Recovery Clinic (MARC) program which focuses on outpatient treatment for opiate addicted clients. Pat holds a Masters of Science in Education degree with a counseling focus and an undergraduate degree in psychology from Northern Illinois University. He is a Certified Alcohol and Drug Counselor and a certified Medication Assisted Addiction Treatment Professional. Pat is currently a Senior Addiction Counselor in the Adult Program.