

Soft Landing Recovery/ Symetria Recovery  
C/O Kaylaa McGinnis  
1601 Bond Street Suite 201  
Naperville, Illinois 60563

Brochure folding assistance compliments of Fed ex of Naperville, Illinois



Spring Conference  
May 4th, 2018  
9 am – 4 pm

**Medication Assisted Treatment:  
Distinguishing Between OTP and OBOT Models of Care**  
Presented by  
Natalie Thukkaram, NCC, LPC, CADC

**Gender Responsive Treatment for Women:  
Principles and Core Components**  
Presented by  
Gabriela Zapata-Alma, LCSW, CADC

at  
Presence St. Joseph Hospital  
333 Madison Street Joliet, Illinois  
ENTER – Medical Center ask Concierge for Auditorium B & C  
PARKING – GARAGE ON SPRINGFIELD STREET

6 CEU's available for  
ICB, LSW, LCSW, LPC, & LCPC's  
(ICB was formerly known as IAODAPCA)

Registration:	8:30am-9:00am
Morning session:	9:00am-12:00pm
Lunch:	12:00pm-12:40pm
Afternoon session:	12:40pm-4:00pm

*There will a 10 minute morning and afternoon break.*

**Natalie Thukkaram, NCC, LPC, CADAC** is the Program Director of Soft Landing Recovery Naperville. She is a licensed professional counselor specializing in the field of addictions. She brings over six years of clinical experience, specializing in crisis intervention, trauma, eating disorders, and borderline personality disorder. Natalie has developed the program curriculum at Soft Landing Recovery utilizing DBT, CBT, motivational interviewing, mindfulness based sobriety, and dual-diagnosis. Natalie is also responsible for maintaining the daily clinic operations on a multi-disciplinary level. Dedicated to patient care and continued recovery, she continues to educate herself and her team. Natalie received her B.A. in Psychology from Governors State University and her M.S. in Community Counseling from National Louis University.

**Gabriela Zapata-Alma, LCSW, CADAC**, is the Director of Substance Use Treatment Programs at Thresholds, Co-Owner/Founder of Roots Counseling & Training Solutions, Independent Consultant for both the Illinois Co-Occurring Center for Excellence and the Midwest Harm Reduction Institute, as well as Adjunct Faculty at The University of Chicago's School of Social Service Administration. Gabriela brings over a decade of experience providing direct services, training, and consultation, as well as designing and leading programs using Motivational Interviewing, Harm Reduction, Trauma-Informed Care, Housing First, and third wave behavioral interventions. Gabriela graduated from University of Chicago's School of Social Service Administration, earning certifications in Evidence-based Practice and Advanced Alcohol and Other Drug Abuse Counseling. She currently serves as an executive member and co-chair of Department of Human's Services / Division of Alcohol and Substance Abuse Women's Committee of the Illinois Advisory Council, and President of the Southwest Coalition on Substance Abuse Issues. In 2017, Gabriela was recognized by the Illinois Association of Addiction Professionals chapter of NADAAC with the Rising Star award. In 2018, Gabriela was selected by SAMHSA for the Women's Addiction Services Leadership Institute. Gabriela has presented locally and nationally in both English and Spanish on a range of topics specific to serving highly vulnerable and medically complex populations, and has provided consultation and technical assistance to programs serving homeless individuals, families, and youth with co-occurring disorders locally, nationally, and internationally.

### **Medication Assisted Treatment: Distinguishing Between OTP and OBOT Models of Care**

Medication Assisted Treatment. Natalie will discuss MAT implementation into client care with regards to primarily opioid use disorder. She will discuss the differences between Opioid Treatment Program and Office Based Opioid Treatment program. Exploration of Myths and facts will help audience understand further each treatment model. A brief panel discussion will include physician assistant who has worked with both models and patients who have used both models.

#### Educational Objectives:

- Distinguish difference between OTP and OBOT models of care
- Understand myths and facts about OTP and OBOT models of care
- Understand different types of medications used in OTP model of care.

### **Gender Responsive Treatment for Women: Principles and Core Components**

Women often experience unique barriers to treatment, and present with specialized needs that go unmet within traditional treatment settings, including: histories of trauma, co-occurring mental and physical health conditions, increased economic instability, and unique risk factors related to both gender and sex. This training defines what it means for services to be gender responsive for women, identifies issues to consider when working with women, explains how to apply gender-responsive care in the delivery of traditional SUD treatment and recovery services, and describes how to overlay gender-responsive principles onto SUD treatment/recovery processes to make them responsive to women's issues.

#### Educational Objectives:

- Identify three principles of gender-responsive care.
- Identify two ways that trauma-informed care aligns with gender-responsive care.
- Identify two strategies to increase trainee's practice of gender-responsive treatment.

**Cost: \$75 includes continental breakfast, lunch, snacks & beverages**

For additional information contact

Gloria Bloodsaw @ (312) 285-3132 or Kaylaa McGinnis (708) 378-7566

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**Registration must be received by 04/26/18 to secure \$75 fee. Fee for registrations received after this date or at door will be \$85.**

#### **INFORMATION BELOW IS REQUIRED FOR A CONFIRMED REGISTRATION**

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

#### **Type of CEU's requested (Check all that apply)**

LSW    LCSW    LPC    LCPC    IAODAPCA/ICB

**Please make check or money order payable to Southwest Coalition for \$75  
Mail completed registration form and payment to:**

**Soft Landing Recovery C/O Kaylaa McGinnis  
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