

Spring Conference May 3, 2024/Ascension Joliet Hospital Auditorium B & C

9 am - 4 pm

6 CEU's available for ICB, LSW, LCSW, LPC, & LCPC's

Morning session 9:00 am-12:00 pm

Lunch 12:00 pm - 1:00pm Afternoon Session 1:00 pm - 4:00 pm

There will a 10 minute morning and afternoon break.

Gia Washington, LCPC

"Hearing Voices"

- Participants will understand the stages of grief and how that can impact a trauma disorder.
- Participants will understand the relationship between trauma and substance use disorders,
- Participants will be introduced to effective assessment and treatment approaches for dealing with trauma related substance use disorders.

Elizabeth Welz, Psy.D

"Building Resilience and Growth Through the Use of Trauma Informed Care."

- Understand the concept of trauma and its various forms.
- Identify and describe common emotional, psychological, and physical reactions to trauma.
- Learn about the assessment and diagnosis of trauma by mental health professionals.
- Define the principles of trauma-informed care.
- Explore the concept of post-traumatic growth and resilience-building after trauma.
- Understand how trauma impacts specific groups, such as children, veterans, and survivors of interpersonal violence.
- Recognize the importance of raising awareness about trauma and its effects.

Peter Bradley, MA, LCPC, CRADC, CODP II, PCGC, SAP

"Clinical Challenges Surrounding Culture"

- Attendees will gain and broader understanding of several barriers to engagement and retention that are related to cultural factors.
- Attendees will gain and better understanding of the RESPECTFUL Model and Cultural Formulation Interview (CFI) to improve assessments and areas of clinical concern/intervention.
- Attendees will discuss the importance of Counselor Characteristics to improve rapport and treatment outcomes.

Connie Dewall

"Innovative Responses to the Community"

- Innovative Strategies to address the opioid epidemic in Will County.
- The value of partnerships and collaborations.
- The Will County Health Department and Health Center provide the continuum of care for the community.

Dr. Bipin Sharma Ph.D. LCPC (NCMHCE)

"Creativity in Group Counseling through the Lens of Existential Psychotherapy"

- The importance of building a relationship in psychotherapy
 - The benefits of utilizing a "no hiding place" approach
 - How to break barriers
 - Exploring effective methods of addressing existential concerns

Early Bird (before 4/15)	\$65
After April 15, 2024	\$75

STUDENTS: Call or Email Kaylaa for discounted price!!

For additional information contact: Gloria Bloodsaw @ (312) 285-3132 Kaylaa McGinnis (630) 687-7134 mcginniskaylaa@gmail.com

Please make check or money order payable to <u>Southwest Coalition</u> or <u>pay online</u>. Mail completed registration form and payment to: Kaylaa McGinnis 14218 Rynberk Court Lockport Illinois 60441